

GROWING EQUINE KNOWLEDGE

At **XLEquine** we are committed to providing you with up-to-date practical training to enable you to grow your equine knowledge and skills through our EquineSkills workshops. We are very proud that the Association of British Riding Schools endorses all of our workshops.

What are EquineSkills workshops?

EquineSkills workshops are small group training courses that are led in a friendly and informal environment. Each workshop within the EquineSkills programme has been designed to be practical and interactive to ensure a fun learning environment and to fulfil the objective of attendees gaining new useable skills.

Who teaches the workshops?

Uniquely, our large team of equine vets and nurses deliver all of our workshops; so you have the peace of mind that the knowledge you will receive is current and from a reliable, trusted source. All of our trainers have also undertaken an accredited training course themselves to ensure that the level of training delivered is consistently high.

Who are EquineSkills workshops aimed at?

The simple answer is - you! There is something for everyone within the EquineSkills training programme. EquineSkills workshops cater for all levels of horse ownership or knowledge level, from new horse owners to experienced riders, coaches and equine paraprofessionals. Our trainers are experienced in teaching delegates of different knowledge levels and tailor workshops accordingly. If you love horses and want to increase your practical skills and knowledge, then EquineSkills workshops are for you!

What workshops are available?

Currently, we have six EquineSkills workshops available, a combination of half and full day workshops. All delegates will receive a comprehensive workbook to take home, to consolidate new knowledge and skills learned, as well as a certificate of attendance.



First Aid For Your Horse

First aid for your horse is a half-day workshop designed to give you the confidence to deal with equine emergencies before your vet arrives. Practical skills gained include: bandaging and assessment of wounds and clinical examination of the horse - learn what is normal for your horse.

Equine Foot Care

Equine foot care is a half-day workshop which will give you a greater understanding of the complex structure of the equine hoof, common causes of foot lameness, an awareness of the different types of horse shoe and top tips to keep your horses feet healthy and your horse sound.

Understanding Your Horse's Back

Understanding your horse's back is a full-day workshop run in collaboration with Horses Inside Out. Back pain is a common condition in horses, however the equine back is a complicated structure In this course through fun anatomical painting and an interactive veterinary seminar you will learn more about skeletal anatomy, which will enable you to ride, train and manage your horse for optimum health and well being.



Horse and rider first aid is a full-day workshop, consisting of two parts - one is first aid for your horse, as detailed above and the second is rider specific first aid, delivered by Medi-K. The rider first aid session is a must do for all horse owners and will give you the confidence to provide immediate first aid to an injured rider and will dispel the myths about helmet removal, casualty movement and what it takes to actually save a life. This is not your everyday first aid training!

How Horses Learn

How horses learn is another full-day workshop focussed on how horses think and learn. You are encouraged to bring your own horse along to this workshop. This workshop is for all horses, not just those with specific training issues, it will allow you and your horse to work better together to improve performance and have a happier, calmer horse and rider.

Old Friends And Saying Goodbye

Old friends and saying goodbye is a half-day workshop aiming to help you care for horses and ponies in their twilight years. Learn about common conditions we begin to see in old age and how you can recognise the subtle signs early and keep your veteran in tiptop condition. This workshop will also give you an insight into saying goodbye and dealing with the loss of a much-loved family friend, an important subject that is often overlooked.

Where are the workshops held?

EquineSkills workshops are run across the whole of the U.K. To find a workshop near your or to find out more about EquineSkills visit www.equineskills.co.uk. All workshops can be booked and paid for on the EquineSkills website. Refreshments are provided throughout the day, including lunch on full day workshops.

If you can't find a workshop near you or would like to hold a workshop on your yard, please email **training@xlvets.co.uk** to arrange a workshop.

Upcoming EquineSkills Workshops:

2 July	Devon	Equine Foot Care St Boniface Equine Vets
7 July	Derbyshire	Equine Foot Care Scarsdale Veterinary Group
11 July	Lincolnshire	First Aid For Your Horse Fenwold Veterinary Practice
18 July	Aberdeenshire	Equine Foot Care Ardene House Vet Practice
21 July	Derbyshire	First Aid For Your Horse Scarsdale Veterinary Group
28 July	Northumberland	Understanding Your Horse's Back Alnorthumbria Veterinary Group
12 August	Northumberland	Horse And Rider First Aid Training Alnorthumbria Veterinary Group
2 September	Northumberland	Old Friends And Saying Goodbye Alnorthumbria Veterinary Group
8 September	Oxfordshire	Understanding Your Horse's Back Hook Norton Veterinary Group
10 September	Devon	First Aid For Your Horse St Boniface Equine Vets
16 September	Cheshire	Old Friends And Saying Goodbye Wright & Morten Veterinary Surgeons
6 October	Derbyshire	Old Friends And Saying Goodbye Scarsdale Veterinary Group
21 October	Cumbria	First Aid For Your Horse Westmorland Veterinary Group



really enjoyed it and feel so much more confident in various areas.
Can't wait until the next one.

Well presented, knowledgeable approach to being able to triage your own medical emergencies.

Very enjoyable - thank you!

www.equineskills.co.uk